

Options Resource Center
for
Pregnancy and Sexual Health
Education and Counseling, Inc.

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308 Chess Street, Monongahela, PA 15063

February Post-It!

The United Way Contributor Choice # 802 928

A bi-monthly mini-newsletter designed to keep you posted on Center news, activities and any needs the Center may have.

Office Hours

Tuesday and Thursday 11am to 9pm

Message from the Director: Rev. Rebecca Reed, PhD

The Lord is my Shepherd...I shall not be in want...Goodness and Mercy shall follow me all the days of my life and I shall dwell in the House of the Lord forever, Psalm 23. Life is full of valleys; keep your eyes upon the Lord and He will guide you through.

Spring Fundraisers: April 18th Ride for Life... given by the **One-Way Riders of the Mon Valley;**

Place: Bible Alliance Church on Route 31; **Time:** Signups at 11:00, ride leaves at 12:00 and returns to the Church at 2:00 for Spaghetti Dinner...; **Donation** \$15.00 per Motorcycle, \$5.00 per Rider and Walk-ins \$5.00. For more information about this ride call Wayne at 724-777-6093 or Dave at 724-255-1355.

May 3rd Walk for Life... **Place:** Cedar Creek Park, Pavilion # 17; **Time:** 12:30 registration and lunch right after Church; Walk begins at 1:00. For more information call Mary at 724-258-7277. There will be more information in the April Post-it.

Freedom of Choice Act (FOCA): 'OPPOSE' ...The FOCA is again before Congress (S.1173, H.R. 1964). FOCA is a radical bill. It creates a "fundamental right" to abortion throughout the nine months of pregnancy. No governmental body at any level would be able to "deny or interfere with" this right, or to "discriminate" against the exercise of this right "in the regulation or provision of benefits, facilities, services, or information." For the first time, abortion would become an entitlement the government must condone and promote. FOCA would go well beyond the Supreme Court's Roe v. Wade decision in imposing an extreme abortion regimen on our country. No other piece of legislation would have such a destructive impact on society's ability to limit or regulate abortion. For more information please log onto www.nchla.org/docdisplay.asp or any other web site that would host the Freedom of Choice Act. Recommended actions are to contact your U.S. Representative and two U.S. Senators. **Your voice is urgently needed!** Please urge your federal elected officials to oppose FOCA or any similar measure, and to retain laws against the federal funding and promotion of abortion. FOCA embodies the public policy goals of pro-abortion groups. These groups will promote the bill's passage directly, and advance its agenda by working to reverse pro-life laws one at a time.

Where to write or contact by email by going to each mans websites:

The President
The White House
1600 Pennsylvania Avenue, NW
Washington, DC 20500

The Honorable Robert P. Casey, Jr.
United States Senate
Washington, DC 20510

The Honorable Arlen Specter
United States Senate
Washington, DC 21510

The Honorable Timothy F. Murphy
United States House of Representatives
Washington DC 20515

The Honorable John P. Murtha, Jr.
United States House of Representatives
Washington, DC 20515

We are living in a time where our newly elected President is the most pro-abortion President this country has ever experienced.

Center Department Services in 2009

Before I go on to 2009 I need to step back in time to 2007, June of 2007, to be exact; at this time we changed our way of doing business from handing our baby material needs on a monthly basis to requiring one hour invested in classroom, once a week. Because our funding comes from the community we have found that educating our Mom's and Dad's once a week through a program called '**Earn While You Learn**' (our classes include Child Development, Parenting and Life Skills), we would be putting back into the community hope for future generations. The **Family Resource Department** of the Center has grown to be successful in this public service, we now have **61** active Mom's and Dad's per month taking these classes.

In our **Sexual Health Department** we are moving forth with a program called '**Choices Have Consequences**'. In this program we are going into the Churches, Youth Groups and Sunday Schools, and inviting the parents to view the four video's/DVD's along with the teens. Through this education, we know this information will open doors of communication among the teens and their parents, allowing them to share their beliefs and ideas about the risks and dangers of becoming sexually active.

1. **The Physical Consequences**...Pregnancy isn't the only consideration. What dangers are you in from the runaway epidemic of sexually transmitted diseases?

2. **The Emotional Consequences**...Sex is more than just an animal act. Your personhood and future are affected by the choices you make, choices that are sometimes tragically made in the heat of emotion and that can never be taken back.

3. **The Spiritual Consequences**...Where does God fit in all this? Are there standards that you can look to that provide sure guidance? Is there any hope for those who have already made unfortunate choices? What can be salvaged?

4. **The Character Consequences**...Your character is being formed day by day. How are you giving thought and direction to the person that you want to become? On what basis are you making your key choices? How do you get a hold of your life?

Abortion Recovery Department: '**Forgiven & Set Free**' is a post-abortion Bible Study for Women; a confidential, 12-week Bible Study for women who are experiencing unresolved grief, guilt and shame after an abortion. **Day**: Tuesdays, beginning April 14, 2009 **Time**: 6:30 to 8:00 PM **Location**: Here at the Center. **Registration is Required**: Please call the Center by March 24th to register.

Return to Sexual Moral Purity is a collection of Biblical statements based on The Word of God declaring eleven (11) sexual issues that are critical to this time in which we live. Each one of the eleven (11) issues are mandated by God, our Creator, to give us moral principles by which to take a stand and live. There are three Pastors along with their congregations who stand with us by endorsing these eleven (11) Godly principles that affect our lives in today's society.

Needs: Diaper Drive, size 4 & 5 diapers; **Baby Toiletries Drive**, rash ointment, wash, wipes, shampoo, etc.; **Clothing Drive**, 0-3 month and 12 month girls, spring and summer. We are always in need of anything the Lord lays upon your heart to donate, new or used. Thanks to all who donated the items on our Christmas Wish-List, we are grateful.

Prayer Requests: We are always grateful to those who lift us up in prayer. Please pray that we follow the Lord with wisdom, patience and obedience; that the Lord raises' up investors, Board Members and Volunteers; and that our clients accept Christ in their hearts because of the reflection of Christ they see in our hearts.

BE BLESSED!!!